

Our services

- **Accredited Visiting Service** – provides companionship and support for older people living independently in the community by matching them with a regular, volunteer visitor.
- **Elder Abuse and Neglect Prevention Service** – aims to improve the quality of life of older people in abusive situations and to prevent abuse by providing information, education programmes, advocacy and support.
- **Field Social Worker** – social workers are available to support and assist older people with any social needs and health or wellbeing issues.
- **Total Mobility Scheme** – assesses and provides subsidised taxi cards to eligible people.
- **Community Education** – delivers a range of programmes and promotes positive ageing strategies so people can age in place and maintain a quality of life.
- **Minibus Service** – takes people living in residential care for outings in the community.



Contact details

Age Concern Auckland

57 Rosebank Road, Avondale,
Auckland 1026

PO Box 19542, Avondale,
Auckland 1746

Phone: 09 820 0184

www.ageconcernauckland.org.nz



Ageing well for older adults

We deliver a range of programmes and information that aim to improve the health and wellbeing of older adults.



Age Concern deliver a range of programmes and workshops that provide practical knowledge on topics such as health and wellbeing, legal matters, modern technology and safe driving. We also provide information to people when they need it.

Positive Ageing:

The NZ Government has a vision for a society where people can age positively, older people are highly valued and are recognised as an integral part of families and communities. It recognises:

- the value and importance of lifelong good health and wellbeing
- that older people have an abundance of skills, knowledge and experience to contribute
- that we all have an interest in ensuring that older people can be active participants in society for as long as they possibly can.

‘Positive ageing is not about how to live longer, nor is it about how to avoid growing old. It’s about making the most of the benefits of being older.’

What we can help you

Our friendly team can help guide you in the right direction so you have the information you need. As well as hosting programmes and workshops, we have a number of resources available that we can share. We give information over the phone, on our website or you can come visit our office.

“I like the friendly, relaxed atmosphere of the Age Concern workshops. The presenters are always approachable and it’s great to be able to share experiences and knowledge. Thank you!”

Maurice, workshop attendee

About Age Concern

We all know that we’re getting older. And so are the people we love.

Getting older is something we should all celebrate, but it can be tough. With an increasing number of major life changes – a move into retirement, health challenges and the loss of loved ones – it is crucial that we have the support we need within our reach.

At Age Concern we are committed to promoting wellbeing, rights, respect and dignity for older people. Our vision is that older people live a valued life in an inclusive society.

We support people living in Central and West Auckland. We deliver a number of services that aim to empower communities. We also work hard to bring people from a position of vulnerability to one of resilience.



Where to from here?

Contact our friendly team today for more information or for a list of upcoming programmes and workshops.

DDI: 09 820 0184 (information) or 09 820 2712 (workshops)

